

Easy Blueberry Eggnog

Servings: 4

Prep Time: 30 min

Cook Time: 30 min



INGREDIENTS

- 2 cups store-bought eggnog
- 1 cup fresh or frozen blueberries
- 1/2 cup whiskey (optional)
- 8 tablespoons whipped cream
- 1/4 teaspoon each ground cinnamon
- 1/4 teaspoon each ground nutmeg

INSTRUCTIONS

- 1 In a blender, mix together eggnog and blueberries until puréed.
- 2 Stir in whiskey (if using). Divide among 4 glasses.
- 3 Garnish each cup with 2 tablespoons whipped cream, cinnamon and nutmeg.

Variations

- Substitute amaretto liqueur, rum, or brandy for whiskey if preferred.

Notes

- Nutritional analysis used frozen blueberries and does not include the optional whisky.



Grab a
boost of
blue