

Grilled Blueberry Fruit Kebabs

Servings: **4**

Prep Time: **40 min**

Cook Time: **5 min**



INGREDIENTS

- 8 skewers (6-inch)
- 2/3 cup fresh blueberries
- 1 peach, pitted and cut into 1-inch pieces
- 1 cup pineapple chunks (1-inch chunks)
- 4 teaspoons olive oil
- 4 teaspoons honey
- 2 cups vanilla frozen yogurt

INSTRUCTIONS

- 1 Soak bamboo skewers in water for 20 minutes (to help prevent charring on the barbecue).
- 2 Thread blueberries, peach pieces, and pineapple chunks on skewers; brush with oil and honey.
- 3 Preheat grill to medium-high heat; grease grate well. Grill skewers, turning, for 4 to 5 minutes, or until lightly charred all over. Let cool slightly; remove fruit from skewers.
- 4 Divide frozen yogurt among 4 bowls; top each serving with grilled fruit.



Grab a
boost of
blue