

Blueberry Yogurt Dip Snack Board

Servings: 4

Prep Time: 15 min

Cook Time: N/A



INGREDIENTS

Blueberry Yogurt Dip

- 1 cup low-fat vanilla Greek yogurt
- 1 cup fresh or frozen blueberries
- 2 tablespoons honey

Snack Board Assembly

- 1 cup fresh blueberries
- 2 cups watermelon, sliced and cut with star-shaped cookie cutter
- 2 red apples, thinly sliced
- 1 cup white chocolate-covered pretzels
- 1 cup white cheddar popcorn
- 5 ounces white cheddar cheese cubes
- 1 cup blue corn tortilla chips
- 1 cup mini rice cakes

INSTRUCTIONS

In a blender, purée yogurt, blueberries, and honey until smooth. Spoon into a serving dish.

Snack Board Assembly

Arrange blueberries, watermelon, apple, pretzels, popcorn, cheese, tortilla chips, and rice crackers on a large board or platter; serve with dip.

Notes

- Nutrition analysis is for yogurt dip only and used fresh blueberries.



Grab a
boost of
blue